

# AIMHI EMPLOYEE NEWS BULLETIN



Volume 3, Issue 1

January 1, 2010

## WALL OF FAME-CHILDREN'S RESIDENCE

Children's Residence provides spectacular support and relief services for families of children who have a developmental, physical or sensory disability, up to the age of 18. This is why Children's Residence is January's Wall of Fame. It really is a home away from home.

The residence is staffed 24 hours a day by skilled, experienced, and caring AiMHi employees. The

atmosphere resembles closely that of a home. The home has a large fenced yard, and ample space for play activities outside as well as inside for when the weather is not so ideal for outdoor play.

When at Children's Residence, the children have the opportunity to increase their independence, while making new friends, with the other children as well as with the staff.

The families that have the support of Children's Residence, truly feel as if the staff are members of their own families. "Aunts and Uncles" that help out when they really need a rest. And all the

families thank the staff for all that they do for the children.

Children's Residence, this is a well deserved appearance on the Wall of Fame!



### Inside this issue:

|                        |   |
|------------------------|---|
| Soup Kitchen           | 2 |
| Chicken Soup Recipe    |   |
| Soup Kitchen Schedule  | 3 |
| Wall of Fame           | 4 |
| Conference information | 5 |
| Lost and Found         | 6 |
| Home Sharing           | 7 |

# SOUP KITCHEN

Here at AiMHi we are always prepared to give back to our community. This is most evident in initiatives such as the St. Vincent de Paul Soup Donations. For three years now AiMHi Volunteers have donated soup every week to the Drop In Centre.

This initiative has been successful as a direct result of committed volunteers.

Over the last 6 months the following people have donated soup to St. Vincent de Paul Drop In Centre. I would like to thank the following volunteers:

The Kerry Kitchen Crew, Louise Kaga, Gorse Residence, Radcliffe Residence, Melinda Heidsma, Kris Antrobus and St. Catherine's Residence.

The Chef at the Drop In Centre will take your soup and pour it into another container so you can take your pot

home with you. You simply bring the soup in before 10:00am on Wednesday (there soup line starts at 11:00) to the Drop In Centre at 1220 2nd avenue. Phone: 564-7871

St. Vincent De Paul supports approx. 150-225

people for lunch each day. The Society relies on many volunteers and donations for its continued success.

'Giving frees us from the familiar territory of our own needs by opening our mind to the unexplained worlds occupied by the needs of others.' Barbara Bush



## THERESA'S CHICKEN VEGETABLE SOUP

|      |             |     |      |                    |
|------|-------------|-----|------|--------------------|
|      |             | 1/4 | cup  | chopped parsley    |
| 1    | 3lbs        | 2   | tbsp | dill weed          |
| 6    | cups        | 1   | tsp  | celery salt        |
| 11/2 | thin sliced | 1/8 | tsp  | pepper             |
| 2    | cups        | 2   | cups | sliced zucchini    |
|      | Cabbage     | 1   | cup  | frozen green beans |

Remove skin and wing tips from chicken and discard.

Place chicken in a pot, add water & leaks. Bring to a boil, then reduce heat and let simmer for 45 minutes

Stir in cabbage, celery, carrots, parsley, dill weed, celery salt, and pepper. Simmer for 15 minutes.

Stir in zucchini & green beans. Simmer for 15 more minutes.

Remove Chicken & allow to cool. Shred meat and add to the Soup.

## Upholstery & Carpet Cleaning



Call A&H Mobile Crew

564-6408 Ext 303



# SOUP KITCHEN SCHEDULE

Chris is the Chef. They will take your soup and pour it into another container therefore you can take your pot home with you. Please ensure that you bring the soup in before 10:00am on Wednesday (there soup line starts at 11:00)

If you have to cancel please contact Julie O'Reilly as early as possible

| Date           | Name          |
|----------------|---------------|
| Jan 6, 2010    | Kitchen       |
| Jan 13, 2010   | Lorna Pinette |
| Jan 20, 2010   | Radcliffe     |
| Jan 27, 2010   | Gorse         |
| Feb 3, 2010    | Kitchen       |
| Feb 10, 2010   | Radcliffe     |
| Feb 17, 2010   | Lorna Pinette |
| Feb 24, 2010   | Gorse         |
| March 3, 2010  | Kitchen       |
| March 10, 2010 | Kris Zemlak   |
| March 17, 2010 | Ospika        |
| March 24, 2010 | Radcliffe     |
| March 31, 2010 | Gorse         |
| April 7, 2010  | Kitchen       |
| April 14, 2010 | Louise Kaga   |
| April 21, 2010 | Radcliffe     |
| April 28, 2010 | Gorse         |
| May 5, 2010    | Kitchen       |
| May 12, 2010   | Ospika        |
| May 19, 2010   | Radcliffe     |
| May 26, 2010   | Gorse         |
| June 2, 2010   | Kitchen       |
| June 9, 2010   | Kris Zemlak   |
| June 16, 2010  | Louise Kaga   |
| June 23, 2010  | Louise Kaga   |
| June 23, 2010  | Radcliffe     |
| June 30, 2010  | Gorse         |

## WALL OF FAME FOR 2010

It's that time of year to reflect on the past and look forward to a bright, shiny new year full of experiences! While thinking about this past year, I bet everyone can think of someone who made their day/week/job just a bit better.

So how about honoring that person with a nomination to the Wall of Fame? It takes just a few minutes of your time and gives your person a month of good feelings!

The process is easy- just come in to the office and get a nomination form from either Louise at the front desk or the mail box in front of the Wall and fill it out. Ask the person you are nominating for their consent, have them sign the form and hand it over to the Wall of Fame Fairies- we do all the rest! If you have a picture of the person, it makes our jobs just a bit easier but if you don't, then don't fret- we will take care of that.

So please, think back, reflect and nominate someone to the Wall soon! They will appreciate it- it truly is an honor!



### **Shredding and Digitizing**

**CALL US TO HELP YOU MANAGE YOUR PRIVACY**

Operated by **AiMHi**

Pick up of information at your business or home

Certificates of Destruction available

Working towards certification with Canada's

National Association for Information Destruction (NAID).

**A & H**

**Information Management**



**250-564-6408 ext. 296**

Some people don't get to  
enjoy the snow like we do.  
Somewhere someone is  
thinking that this is  
usual January weather.



## THE RIGHTS OF THE CHILD CONFERENCE

### **The Early Years Conference 2010 - The Rights of the Child**

UBC Interprofesional Continuing Education invites you to the Early Years Conference 2010. This conference will explore early childhood, family and community development through the lens of Child Rights.

**When:** February 4<sup>th</sup> - 6<sup>th</sup>, 2010

**Where:** The Victoria Conference Centre  
720 Douglas Street, Victoria, BC,  
Canada

## POM WIZARDS

Operated by **AIMH**



## POM POM'S

**To Brighten Any Event  
or Occasion**

Call Maria Geiger  
250-564-6408 ext. 295

# Lost and Found

December 29, 2009

Found items will be kept for **ONE MONTH** and will be put in the **SWAPSHED** the following month **IF LEFT UNCLAIMED.**

## Lost

Black "MOUNTAIN HARDWARE" Jacket Mens L - XL

## Found

Left side of navy blue fingerless glove with mitten attachment (black fingers)

Pair of navy blue knitted mittens

One side of black knit glove (could be left or right side)

Navy blue fleece zippered jacket size small with BC Special Olympics Prince George logo on left side

Light grey zippered hoodie size medium with Emerson Dance logo with a red guitar on the front

Ladies brown knit pullover sweater size medium

Black and white fleece towel (left at Camp Elkness)

Grey knitted touque

One side of a baby sock pastel green with white trim lost at the Children's Winterfestival

Ladies black knit tank top with white stripes and red trim size medium

Pink cellphone case

One side of a white fingerless sock glove

Child's hat blue with beige trim (red S logo) on left Abe E written on the inside brim of the hat

Pair reading glasses black/blue box style frame

Pair reading glasses silver cat eye style frame

**Please see RECEPTION for information on how to return or re-claim any of the lost and found items.**



## HOME SHARING

Do you know someone who may be  
interested in sharing their home?  
Welcoming someone into their family?  
This opportunity may be for them!

Home Sharing Contractors offer people with a developmental disability a unique living experience, opening their home and life to the person receiving support. Contractors receive a fee for service including a contribution to the monthly expenses of the home.

For further information regarding this opportunity including requirements as a contractor with AiMHi, please contact Wendy Brophy@ 564-6408 ext 286

or via email at [wendy.brophy@aimhi.ca](mailto:wendy.brophy@aimhi.ca)

Thank you to AiMHi's primary funder for their continued support.



a Balanced diet is: One cookie in each hand.



*"Strong communities recognize and celebrate the value of all citizens. AiMHi contributes to a strong community by providing advocacy, supports and services to people who have special needs and their families. Our culture supports people to have good lives at work, at home and in the community."*

**AiMHi**  
PRINCE GEORGE ASSOCIATION  
FOR COMMUNITY LIVING

950 Kerry St.  
Prince George, BC  
V2M 5A3

Phone: 250-564-6408  
Fax: 250-564-6801

[www.aimhi.ca](http://www.aimhi.ca)