



## Rent Subsidy Program

BC Housing provides some rent subsidies to people who live on their own.

The program allows people who receiver Life Skills and are on a low income to rent reasonable accommodations.

People are referred to a waitlist by the Life Skills Program Manager and their Social Worker.

### MISSION STATEMENT

*Strong communities recognize and celebrate the value of all citizens. AiMHi contributes to a strong community by providing advocacy supports and services to people who have special needs and their families.*

*Our culture supports people to have good lives at work, at home and in the community.*

AiMHi – Prince George Association for Community Living is pleased to announce that it has been awarded a Three (3) year Accreditation for the following identified programs:

***Employment Services:***

*Organizational Employment Services*

***Community Employment Services:***

*Job Development*

*Job-Site Training*

*Job Supports*

***Community Services:***

*Child and Youth Services*

*Personal and Social Services*

*Family Services*

*Respite Services*

*Community Living Services*

**950 Kerry Street  
Prince George, BC V2M 5A3  
Phone: (250) 564-6408  
Fax: (250) 564-6801**

[www.aimhi.ca](http://www.aimhi.ca)



April 2010

**Prince George Association  
for Community Living**

**“One Community... One Vision”**

## Life Skills Program

**Phone: (250) 564-6408**

## The Life Skills Program:

The Life Skills Program offers training and support to adults who have developmental disabilities and children who have special needs.

We assess a person's skill level by doing a strengths and needs assessment. With this information the person receiving services, employees, family members, advocates and significant others work together to develop short-term goals.

We provide training in the following areas (but not limited to these):

- Home Management (cleaning, laundry)
- Money Management (budgeting, shopping, planning for future events)
- Nutrition (cooking, shopping)
- Social Skills (sex education, relationships, assertiveness, stranger awareness)
- Transportation Training (public system and private, i.e. City Transit)
- Personal Care (hygiene, health, medical appointments)
- Community Resources (use of the library, swimming pool, obtaining BC Identification, Tenant Rights, contacting 911)
- Leisure and Recreational Skills

Each goal is reviewed on an ongoing basis, and changes in objectives or strategies may be required.



The Life Skills Program for Adults is voluntary.

Adults and children are referred by Community Living British Columbia (CLBC).

If you are interested in this service, call CLBC at 565-6890.

CLBC contracts services for Life Skills, which include:

- Child Care Contracts
- Self-Help Skills for Adults
- Semi-Independent Living Skills for Adults

## Child Care Contracts / Children's Life Skills

Provides supports to children up to 19 years old. A contract agreement is completed with the parent/guardian and the Life Skills Program Manager or Life Skills Instructor.

## Self-Help Skills for Adults / Adult Life Skills

Provides support to adults 19 years old and older who live with their family and are preparing to live on their own, or those people who are already living on their own.

A contract agreement is completed with the person receiving services and the Life Skills Program Manager or Life Skills Instructor.

## Semi-Independent Live Skills for Adults / Adult Life Skills

Provides support to adults who live on their own or with a roommate. The Plan is developed by the person receiving services, significant others and the Life Skills Program Manager.